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JAY'S RIGHT AT THE TOP

Wright has become one of the best coaches in college basketball. 22-23

Nova fans celebrate as Wildcats win NCAA title. 4

JENNIFER KERRIGAN

Villa-victory parade: What to know. 3

VILLANOVA WINNERS

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5 THINGS YOU NEED TO KNOW

GETTY IMAGES

WOMAN WOUNDS THREE AT YOUTUBE HQ BEFORE KILLING HERSELF

1 A woman opened fire at YouTube's headquarters near San Francisco on Tuesday, wounding at least three people before taking her own life, as employees of the video website scrambled into the surrounding streets for safety.

Police did not release any further information on the suspect or comment on her possible motives for the shooting rampage at the Silicon Valley offices of YouTube, a service owned by Alphabet Inc's Google.

The shooting had no known connection to terrorism, a U.S. government security official told Reuters.

A YouTube product manager, Todd Sherman, described on Twitter hearing people running, first thinking it was an earthquake before he was told that a person had a gun.

"At that point every new person I saw was a potential shooter. Someone else said that the person shot out the back doors and then shot themselves," Sherman said on Twitter. "I looked down and saw blood drips on the floor and stairs. Peaked around for threats and then we headed downstairs and out the front," Sherman said.

Responding to the report of gunfire, police officers entered the building and located at least four people with gunshots, San Bruno Police Chief Ed Barberini said at a news conference. One of them, a woman with a self-inflicted wound, was dead, he said, and she was believed to be the shooter. One of the victims, a 36-year-old man, was listed in critical condition at San Francisco General Hospital. A 32-year-old woman was listed in serious condition and a 27-year-old woman in fair condition. Authorities did not release names of the victims.

WELCOME TO METRO PHILLY

EVAN MACY, SPORTS EDITOR

Villanova has become an undeniable force in mainstream sports. From a small Jesuit college on the mainline to three-time NCAA basketball champions, the school once known for choking and being "also in the Big 5" looks like it will be a powerhouse for years to come. For more on their emergence as a prestigious member of the "blue blood" community, turn to pages 22-23 or visit **metrophilly.us**.

ADVISERS WARN AGAINST TRUMP PLAN ON SYRIA

2 President Donald Trump said on Tuesday he wanted to "get out" of Syria but offered no timetable, as his advisers warned of the hard work left to defeat ISIS and stabilize areas recaptured from the hardline militant group. Trump told a news conference the U.S. would "not rest until ISIS is gone." But he also suggested that victory was imminent. The Pentagon and State Department have held that a longer term U.S. effort would be needed to ensure an ISIS defeat. "It's time," Trump told reporters, when asked if he was inclined to withdraw U.S. forces. "We were very successful against [ISIS]. We'll be successful against anybody militarily. But sometimes it's time to come back home, and we're thinking about that very seriously." The big hurdle, in the U.S. military's view, is seizing ISIS-held territory around the Syrian town of Abu Kamal. That effort that has been slowed as U.S.-backed Kurdish fighters shift their focus toward a Turkish offensive. Brett McGurk, the special U.S. envoy for the global coalition against ISIS said the fight against ISIS was not over. "We are in Syria to fight ISIS. That is our mission and our mission isn't over and we are going to complete that mission," McGurk said.

TRUMP PROPOSES USING MILITARY ON BORDER

3 President Donald Trump said on Tuesday that he is meeting with Defense Secretary James Mattis to discuss a proposal for the military to secure the country's border with Mexico."We are preparing for the military to secure our border between Mexico and the United States. We have a meeting on it in a little while with General Mattis and everybody, and I think that it's something we have to do," Trump told reporters at a joint news conference with leaders of Estonia, Latvia and Lithuania. Trump told reporters at the White House earlier on Tuesday that he had already discussed the idea with Mattis. ***Read more on pages 10 and 11.***

United States border wall GETTY IMAGES

FACEBOOK DELETES POSTS FROM 'TROLL FACTORY'

4 Facebook is expanding its response to people using the platform improperly and on Tuesday said it had deleted hundreds of Russian accounts and pages associated with a "troll factory" indicted by prosecutors for fake activist and political posts in the 2016 U.S. election campaign. Facebook said many of the deleted articles and pages came from Russia-based Federal News Agency, known as FAN, and that the social media company's security team had concluded that the agency was technologically and structurally intertwined with the St. Petersburg-based Internet Research Agency. Facebook CEO Mark Zuckerberg told Reuters in an exclusive interview that the agency "has repeatedly acted to deceive people and manipulate people around the world, and we don't want them on Facebook anywhere." The world's largest social media company is under pressure to improve its handling of data after disclosing that information about 50 million Facebook users wrongly ended up in the hands of political consultancy Cambridge Analytica, which worked on then-candidate Donald Trump's campaign.

AMAZON FINISHES HIGHER DESPITE TRUMP THREATS

5 The largest American business lobby group came to the defense of Amazon on Tuesday after a multiday Twitter attack by President Donald Trump that included unsubstantiated criticism of the world's biggest online retailer. The value of Amazon shares held by Jeff Bezos, the online retailer's chief executive and single largest shareholder, had taken a $10 billion hit in the week since Trump began attacking him and his company on Twitter. Citing an unspecified report, Trump told reporters at the White House that the company was not paying the U.S. Postal Service a fair rate, and that it was costing U.S. taxpayers billions of dollars and forcing other retailers out of business, and he threatened to raise rates. Late on Tuesday afternoon, a source familiar with proceedings at the White House said no specific actions addressing Trump's concerns about Amazon were on the table at the White House at this time, but that could change given Trump's dissatisfaction with the company. The U.S. Chamber of Commerce, the largest business lobby group in the U.S., stepped in on Tuesday to defend Amazon, which is a member.

Wildcats fans celebrate on campus while watching Villanova's NCAA win over Michigan. JENNIFER KERRIGAN

Philly, Villanova announce victory parade details

The NCAA champion Wildcats will march in Center City this Thursday.

SAM NEWHOUSE
sam.newhouse@metro.us

Villanova made history when the men's basketball team crushed Michigan on Monday night in the NCAA championship game, 79-62.

Now the Wildcats will get honored with a victory parade right through Center City on Thursday, April 5. Nova and their fans will march down Market Street on Thursday morning before holding a celebration rally in Dilworth Park.

The parade comes just three months after the Philadelphia Eagles' Super Bowl victory was celebrated with a massive parade down the Parkway that attracted roughly one million fans to Philadelphia. Nova's last NCAA championship win in 2016 was accompanied by a victory parade through Philly that drew more than 50,000 fans.

It remains to be seen if this year's parade will attract a similar crowd, but the city is already preparing for a huge crowd, with plans to shut down streets in Center City West ahead of Thursday's parade.

According to the city, the parade will start around 11 a.m. at Market and 20th streets and proceed east before making a victory loop around City Hall and ending in a victory rally at Dilworth Park. But "parade elements" are expected to begin assembling across the Market Street bridge as early as 9 a.m., the city said.

SEPTA bus routes that travel down Market Street will be on detour for the duration of the parade and associated set-up, from around 9 a.m. to 3 p.m. The Dilworth Park SEPTA entrance will be closed around 9 a.m. and reopened "as conditions allow," the city said.

Parking will be banned on Market Street and JFK Boulevard near the parade route starting at 6 a.m. on April 5.

ROAD CLOSURES

Road closures will be staggered over the course of the parade and reopened as Wildcats fans move on. At various times on Thursday, the following roads will be closed to accommodate the Villanova marchers.

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(9:30 a.m. – 12 p.m.)

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Nova fans celebrate as Wildcats win NCAA title

Fans partied in Philly after Wildcats win championship over Michigan.

SAM NEWHOUSE
sam.newhouse@metro.us

For the second time in three months, Philadelphia is planning a victory parade for a championship team.

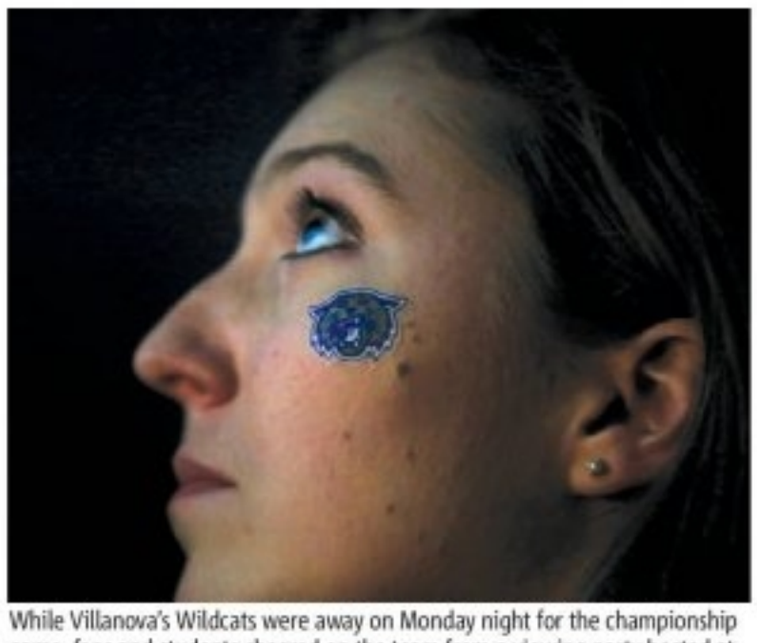
The Villanova Wildcats won their second NCAA championship in three years on Monday night.

Villanova University students watching the game from a viewing party on campus went all-out celebrating their team late Monday night after they toppled the Michigan Wolverines, 79-62. And why not? All classes were canceled at Villanova on Tuesday, the school announced.

Nova's last NCAA championship in 2016 was accompanied by a victory parade through Philly that drew more than 50,000 fans. It remains to be seen if this year's parade can attract a similar crowd.

After Villanova's win on Monday night, the school announced that Tuesday's classes would be canceled.

Monday's victory brought Villanova's second national title in three years.



While Villanova's Wildcats were away on Monday night for the championship game, fans and students cheered on the team from a viewing party hosted at their home campus. ALL PHOTOS JENNIFER KERRIGAN

Villanova star deletes Twitter account with offensive tweets

Donte DiVincenzo deleted a Twitter account under his name after years-old tweets with offensive language surfaced.
GETTY IMAGES

Racial slurs and other crude statements surface in 6-year-old tweets from Villanova NCAA championship star Donte DiVincenzo.

SAM NEWHOUSE
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Villanova guard Donte DiVincenzo, 21, made history with a record-breaking 31 points scored against Michigan on Monday night, leading the Wildcats to victory, 79-62, in the NCAA championships.

But within hours of the victory, 6-year-old tweets from DiVincenzo's Twitter account emerged that included racial slurs and crude sexual language.

One tweet from 2011 quoting a Meek Mill song states, "Ballin on these n—s like I'm derrick rose!"

DiVincenzo was 14 at the time. Others from 2011 include crude remarks about gay people. The account was not active after 2016.

The star Wildcat was questioned by media after the game about his tweets and acknowledged having the account, but denied posting the tweets in question.

"It's my account, yes. ... But I never remember doing that," DiVincenzo said, according to USA Today. Asked who might have posted the tweets, he said, "That's a good question."

The tweets in question were deleted before his entire account was deleted.

Villanova at first posted a statement claiming DiVincenzo's Twitter account had been hacked that night, which they quickly retracted.

"Unfortunately a Twitter account belonging to Donte DiVincenzo was hacked tonight," Villanova said on Twitter. "None of the statements attributed to Donte are his — he has not used the account for months. The account has been deactivated. Please disregard any of these false tweets."

That tweet was later deleted and the team hasn't posted further messages on the subject.

DiVincenzo has not released any further statements about the content of his Twitter account.

CENSUS

Philly among cities, states suing US to block 2020 census citizenship question

A group of U.S. states and cities sued the Trump administration to stop it from asking people filling out 2020 census forms whether they are citizens.

The lawsuit by 17 states, Washington, D.C., and six cities challenged what they called last week's "unconstitutional and arbitrary" decision by the Department of Commerce, which oversees the Census Bureau, to add the citizenship question.

It was also a fresh challenge to what New York Attorney General Eric Schneiderman, at a press conference announcing the lawsuit, called the administration's "anti-immigrant animus."

All of the states bringing the case have Democratic attorneys general. They were joined by New York City, Chicago, Philadelphia, San Francisco, Seattle and Providence, Rhode Island, which all have Democratic mayors, and the U.S. Conference of Mayors. Another state, California, filed a similar lawsuit last week.

The White House and the Commerce Department did not immediately respond to requests for comment.

Required under the U.S. Constitution, the decennial census is used to determine the drawing of political boundaries, the allocation of seats in Congress and at the state and local level, and the annual distribution of about $700 billion of federal funds.

Critics of the citizenship question say it might dissuade immigrants, and perhaps many citizens, from being counted, with a disproportionate impact on Democratic-leaning states.

A citizenship question has not appeared in the census since 1950. REUTERS

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Former TV star Bill Cosby is charged with drugging and sexually assaulting Andrea Constand at his home in suburban Philadelphia more than 14 years ago. GETTY IMAGES

Judge: Cosby lawyers can call witness to undermine his accuser

Cosby's trial is scheduled to begin with opening statements on April 9 in Norristown, Pennsylvania.

Defense lawyers at Bill Cosby's retrial on sexual assault charges can call a witness they say will undermine his accuser's credibility, a Pennsylvania judge said on Tuesday, reversing his ruling that barred the same witness from the first trial of the comedian once known as "America's Dad."

50

Cosby has denied allegations from more than 50 women that he sexually assulted them

The ruling to allow Margo Jackson's testimony came on the second day of jury selection for the second trial where the 80-year-old entertainer will face charges that he sexually assaulted a staffer more than a decade ago at his alma mater, Temple University in Philadelphia. His first trial on those charges last year ended in a hung jury.

Montgomery County Judge Steven O'Neill also said defense lawyers could introduce evidence that Cosby made a payout to accuser Andrea Constand to settle the lawsuit she filed against him in 2005. Details of that settlement were not aired during the first trial and have remained secret for more than a decade.

Together, the two rulings will bolster the defense's strategy to portray Constand as a liar who invented the incident to extort money from the comedian best known for his rose as Cliff Huxtable, the wise and witty dad on the long-running hit sitcom "The Cosby Show."

Cosby is charged with drugging and sexually assaulting Constand at his home in suburban Philadelphia more than 14 years ago. The first trial end in a mistrial last June when the jury could not reach a verdict.

Cosby has denied allegations from more than 50 women that he sexually assaulted them. Constand's accusations are the only ones recent enough to allow for criminal prosecution.

Defense lawyers had asked O'Neill to permit Jackson to testify that Constand, a former coworker, once told her she could profit by accusing a famous person of sexual assault.

During the first trial, O'Neill barred Jackson from taking the stand as a rebuttal witness, ruling the statements were hearsay. But he changed his mind following both written submissions and oral arguments at pretrial hearings last week.

The prosecution's case will also unfold differently this time. O'Neill has granted them permission to call five other Cosby accusers over defense objections. In the first trial, they could only call one.

Those witnesses are expected to testify about similar alleged sexual assaults as prosecutors try to show that Cosby engaged in a pattern of misconduct.

REUTERS

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This company is forcing stations to show right-wing programming

It was previously reported that Sinclair requires its stations to air "must-run" segments during their newscasts that parrot President Trump's views. GETTY IMAGES

The conservative, pro-Trump owners of a chain of local TV stations are facing a boycott after it emerged that they require news anchors to read scripts with conservative talking points.

Sinclair Broadcasting owns more than 190 stations nationwide, and is awaiting government approval to buy even more, expanding their reach from 40 percent to over 70 percent of the nation's households. The company owns ABC, NBC, CBS and Fox outlets, and the Sinclair branding is not always clear.

19%

Areas covered by a Sinclair station ultimately went for Donald Trump by 19 percentage points in the 2016 presidential election, the Washington Post reported

Sinclair Broadcasting and "must-run" segments

Over the weekend, Deadspin released a video showing dozens of Sinclair anchors reading the same script during their newscasts. "We're concerned about the troubling trend of irresponsible, one-sided news stories plaguing our country," the script read. "The sharing of biased and false news has become all too common on social media. More alarming, some media outlets publish these same fake stories … stories that just aren't true, without checking facts first."

That led to #Boycott-Sinclair popping up on Twitter.

It was previously reported that the company requires its stations to air "must-run" segments during their newscasts that parrot Trump's views, including "Terrorism Alert Watch," and commentary by former Trump aide Boris Epshteyn. The company recently hired a former reporter for Russian propaganda network RT to do a report on the so-called "deep state."

"Sinclair's probably the most dangerous company most people have never heard of," said Michael Copps, the chairman of Federal Communications Commission under George W. Bush.

Have you already seen Sinclair Broadcasting's right-wing content?

During the 2016 presidential election, Sinclair stations "gave a disproportionate amount of neutral or favorable coverage to Trump during the campaign" while airing stories on Hillary Clinton, a December Washington Post analysis showed. Sinclair broadcast 15 "exclusive" interviews with Trump but zero with Hillary Clinton. Most aired in crucial swing states during the election without any commentary or fact-checking. Areas covered by a Sinclair station ultimately went for Trump by 19 percentage points, the Post reported today.

"Sinclair is going way beyond the norm to dictate a branding strategy that is also a political platform," Samuel Freedman, a professor at Columbia University's Graduate School of Journalism told Newsweek. "It's basically cloning the Fox model of being a media company that bashes traditional reportorial journalism."

Sinclair has also added a website, Circa, to its portfolio. The Guardian reports it is considered "the new Breitbart" and is used by White House sources to leak stories favorable to President Trump.

If the government approves Sinclair's $3.9 billion purchase of the Tribune Company's 42 stations, it will reach 72 percent of American households. Federal regulations previously prevented any company from owning stations that reached more than 39 percent. Trump-appointed FCC Chairman Ajit Pai — the man behind the repeal of net neutrality — has revived a loophole to allow the Sinclair sale. MICHAEL MARTIN

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Larry Nassar abuse survivor to speak at Harvard about justice and forgiveness

Rachael Denhollander was the first woman to publicly accuse the USA Gymnastics doctor of misconduct.

KRISTIN TOUSSAINT
kristin.toussaint@metro.us

Rachael Denhollander, the first woman to publicly accuse USA Gymnastics doctor Larry Nassar of sexual abuse, will speak at Harvard University this week about justice and forgiveness.

The event, called "Can We Reconcile Justice and Forgiveness?" is scheduled for Thursday at the Sanders Theatre in Harvard's Memorial Hall.

Denhollander will talk about how her religion has influenced her thoughts on justice as well as her ability to forgive those who "do not seem to deserve it," the event posting noted.

"Larry, if you have read the Bible you carry, you know forgiveness does not come from doing good things."

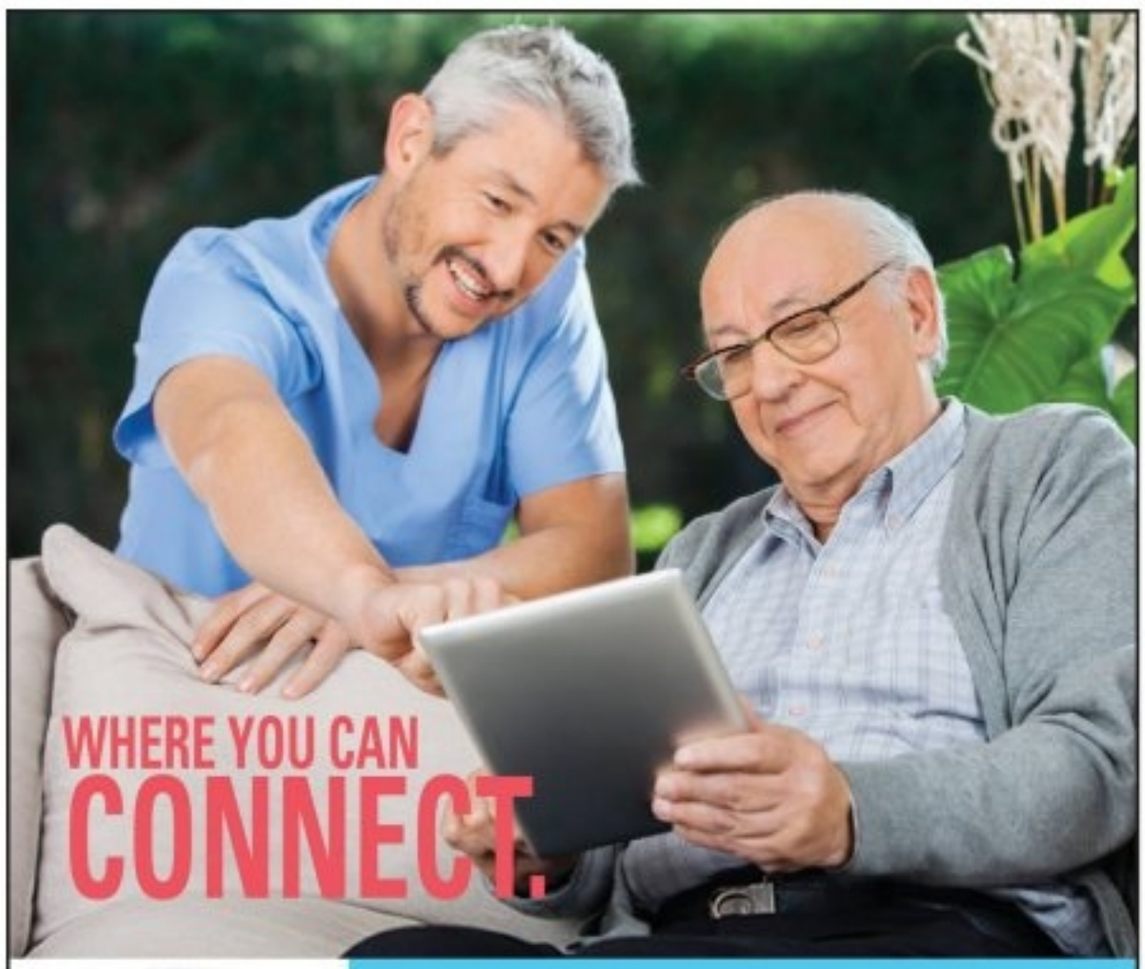
Rachael Denhollander

Denhollander was 15 years old when she was molested by Nassar, who in January was sentenced to up to 175 years in prison for sexual abuse (on top of a 60-year sentence for child porn).

She became the first survivor to file a criminal report against Nassar as well as the first of more than 160 women to talk about that abuse in public. She was also the final survivor to give her impact statement in court.

In that impact statement, Denhollander touched on the concept of forgiveness.

"You spoke of praying for forgiveness. But Larry, if you have read the Bible you carry, you know forgiveness does not come from doing good things, as if good deeds can erase what you have done," she said. "It comes from



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Rachael Denhollander, seen here giving her impact statement, will speak at Harvard this Thursday. GETTY IMAGES

repentance which requires facing and acknowledging the truth about what you have done in all of its utter depravity and horror without mitigation, without excuse, without acting as if good deeds can erase what you have seen in this courtroom today."

The event was organized by the Veritas Forum, a nonprofit that works with Christian college students to, according to its website, "help students and faculty explore life's hardest questions."

Denhollander will be in dialogue with Harvard Professor Nancy Hill, a developmental psychologist and education professor.

The event is free but tickets are required for admission.

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Trump: Send military to US-Mexico border until wall built

Trump took a hard line on illegal immigration during the campaign and has also sought to curtail legal immigration.

President Donald Trump sharpened his anti-immigration rhetoric on Tuesday, saying he wants to deploy U.S. military forces to the Mexican border to stop illegal immigrants until his long-promised wall is built and "proper security" is in place.

His comments, following a threat to halt foreign aid to Honduras and other countries unless they stopped a "caravan" of Central Americans headed to the United States, immediately raised questions about troop deployment on U.S. soil.

Trump called using the military at the southern border "a big step." He met on Tuesday with U.S. Defense Secretary James Mattis and others to discuss the idea.

"Until we can have a wall and proper security we're going to be guarding our border with the military," Trump told reporters at the White House, lamenting what he called "horrible" U.S. laws that left the southern border poorly protected.

"Until we can have a wall and proper security, we're going to be guarding our border with the military"
President Donald Trump

After 14 months in office, Trump still hammers regularly on an anti-immigration theme that helped to energize conservative Republican voters who helped him win the presidency in the 2016 election.

Trump's efforts have failed to produce a deal on immigration or funding a border wall in the Republican-led Congress and no major legislation was expected before November's congressional elections.

Trump gave no details on the size or mission of a military border deployment. The Posse Comitatus Act, a federal law, prohibits using the military for civilian law enforcement duties on U.S. soil unless authorized by Congress.

But the military can provide support services to law enforcement and has done so on occasion since the 1980s.

Under Republican President George W. Bush, National Guard forces were used between 2006 and 2008 for border-related intelligence analysis, but had no direct law enforcement role.

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Trump called using the military at the southern border "a big step." GETTY IMAGES

In 2010, President Barack Obama sent some National Guard troops to the U.S.-Mexican border to provide intelligence, surveillance and reconnaissance support to U.S. Border Patrol agents.

Some specific statutes authorize the president to deploy troops within the United States for riot control or relief efforts after natural disasters, such as hurricanes and floods.

"The details really matter here," said Stephen Vladeck, a professor at the University of Texas.

"The real question is going to be if the president is serious about this, what kind of legal arguments do we get out of the White House and the Pentagon for such a deployment."

A Republican aide in the House said key lawmakers had not been briefed on the White House plan. The aide said there was no indication that a specific plan had even been formulated yet.

Geronimo Gutierrez, Mexico's ambassador in Washington, said he had spoken to U.S. Homeland Security Secretary Kirstjen Nielsen about Trump's remarks on the border and that Mexico had formally asked the U.S. government to clarify them.

"It's certainly not something that the Mexican government welcomes," Gutierrez told CNN.

At a campaign rally, Mexican leftist Andres Manuel Lopez Obrador, who is leading most opinion polls by double digits before the July 1 presidential election, said that if the U.S. government militarizes the border, thousands of his supporters would protest by forming a "big human chain of Mexicans for peace." REUTERS

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Budweiser and Jim Beam are together making the ultimate American beer

Meet the Copper Lager.

SAM BRODSKY
Samantha.Brodsky@metro.us

Spring has sprung. This means the flowers are readying themselves to bloom and baseball season has made its mighty return. To complete the triad is, of course, alcohol. On Tuesday, Jim Beam bourbon and Anheuser-Busch's Budweiser announced a "first-of-its-kind" collaboration to make the ultimate limited-edition American beer. Enter the Budweiser Reserve Copper Lager, or the Copper Lager, for short.

Starting this September and through the end of the year while supplies last, the Copper Lager will be available nationwide — where other Budweiser products are sold — in celebration of the 85th anniversary of the repeal of Prohibition (which occurred on Dec. 5, 1933).

What you can expect from Copper Lager

"The Copper Lager is a unique blend in that it is Budweiser brewed with two-row barley and aged on actual Jim Beam bourbon barrel staves that were previously used to age Jim Beam bourbon," an Anheuser-Busch representative told Metro. "The unique brewing method will create a toasted oak aroma and deliciously nutty taste with caramel rye and vanilla notes."

Starting this September, the new Copper Lager from Budweiser and Jim Beam will be available nationwide. ALL IMAGES GETTY IMAGES

Though we'll have to wait until September for the Copper Lager, Jim Beam and Budweiser are starting their collab in U.S. bars this month with a cross-merchandising campaign that promotes the popular "beer and bourbon shot" order — and just around National Beer Day, which, by the way, is April 7. Details about this promotion are still limited, and it will vary by channel and retailer, according to the rep.

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Disney is launching a new ESPN subscriber-based service for sports fans

According to ESPN, ESPN+ is part of a completely redesigned ESPN app. GETTY IMAGES

Disney has announced that it will launch a new subscriber-based ESPN streaming service made for sports fan to enjoy ESPN content 24 hours a day, seven days a week. The service is set to launch this month.

ESPN+, the new ESPN streaming service from Disney, will offer fans access to a variety of live sports original shows, films and studio programs. Those who enjoy ESPN programming will also have access to ESPN's on-demand library.

According to ESPN, ESPN+ is part of a redesigned ESPN app, which will be the main hub for all ESPN content. The new ESPN streaming service will be available through ESPN.com.

The idea behind the app is simple: To connect fans with more live sports and ESPN content, but with a subscription model that's not connected to a cable subscription.

"With ESPN+, fans have access to thousands more live games, world-class original programs and on-demand sports content, all at a great price," according to James Pitaro ESPN president and co-chair, Disney Media Networks.

According to ESPN, the ESPN streaming service will include more than 180 MLB and NHL games and offer customers one game per day for the regular season. This might be good for someone who appreciates watching games, but not as good for someone expecting to see their local team play because those games are subject to regional blackouts.

The ESPN+ service will carry more than 250 MLS soccer games and a wide range of college sports including football, basketball, baseball and more.

The ESPN+ streaming service with access to live sports and original programming will cost $4.99 per month. While this might not be a full substitute for ESPN through a cable subscription, it will give sports fans access to ESPN content at a reasonable price.

The new ESPN streaming service will be available April 12. LENYON WHITAKER

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OUR KEYNOTE, who will help us explore the application of REGENERATION to the concept of RESILIENCE/Y for our region

JIM NEWMAN is founder and Principal at Linnean Solutions. He helped found the Massachusetts Chapter of the USGBC and held the position of Chair of the Board of the Chapter for two years. Jim is a founding Board member of a the Resilient Design Institute. Created by Alex Wilson of BuildingGreen, the organization pursues research and education on resilience in the built environment. Jim is also a Board member of CLEAR, the owner of the LENSES regenerative development framework. Previously, Jim worked as the Director of Strategy at BuildingGreen.

Panelists
Christine Knapp
Director of Sustainability, City of Philadelphia
Brett Fusco
Manager, Office of Long-Range Planning,
Delaware Valley Regional Planning Commission (DVRPC)
Thomas Flaherty
Deputy Director for Planning and Policy, Energy Coordinating Agency (ECA)
Felix Torres-Colon
Executive Director, NKCDC

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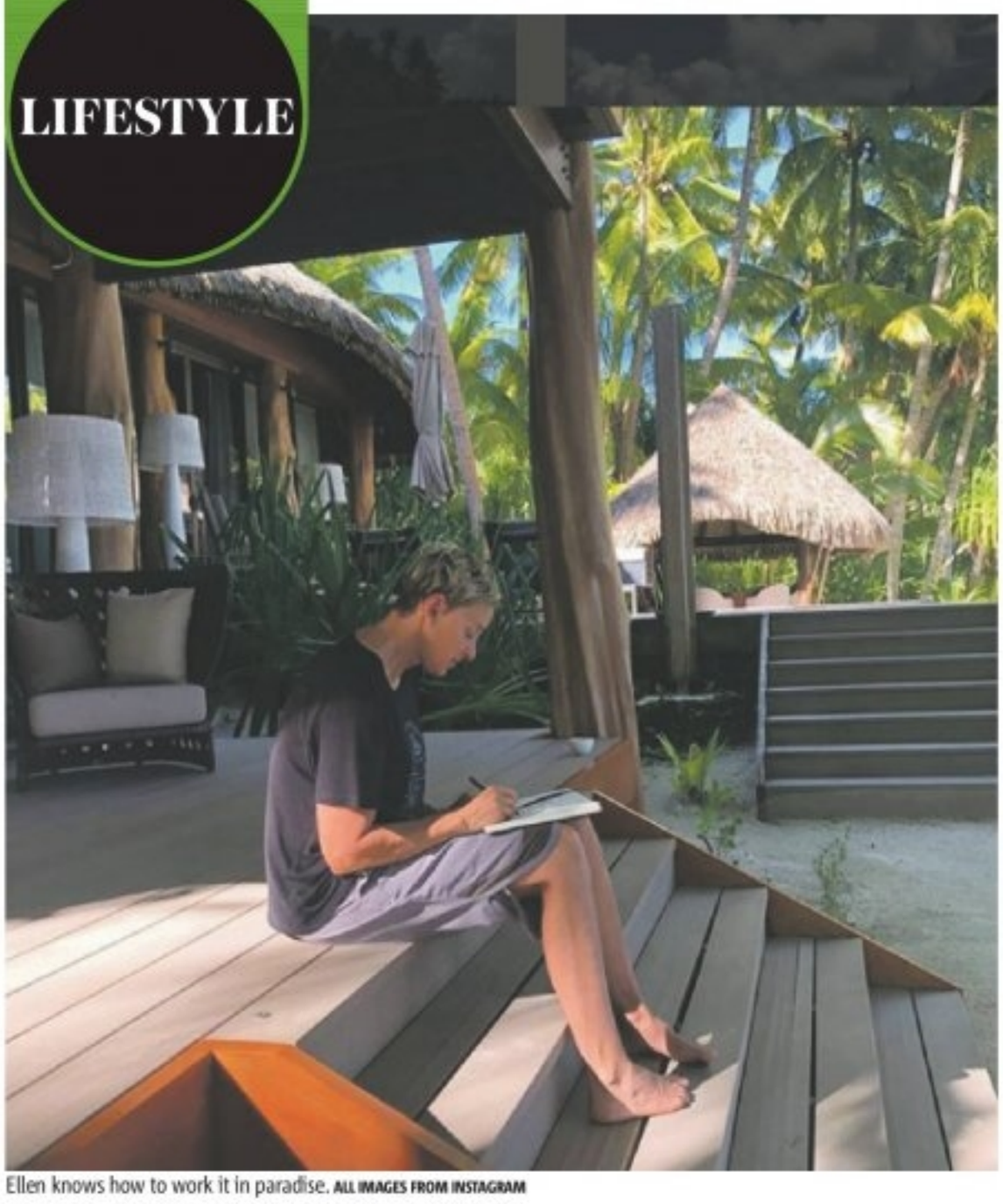

Ellen knows how to work it in paradise. ALL IMAGES FROM INSTAGRAM

A-lister spring travel — aka where you'd rather be

The weather outside's still frightful, but when you're a freelance fun-ionare, you can go anywhere. Which is effing delightful.

SHANEY HUDSON
letters@metro.us

Celebrities! They're nothing at all like us.

As we mere mortals still shiver, famous faces have suffered through the cold the best way they know how: by leaving town.

Mark Wahlberg gave us a bare-chested shout-out poolside from the Bahamas after giving up posting videos of himself online for his 40 days of Lent. Because that's what Jesus would do. In an act of self-sacrifice, the "All the Money in the World

Every damn person we know was in Tanzania this past Easter.

"star gave up some serious sponsored silver to show his devotion, with his last posted video racking up close to 50 million views.

"This Is Us" star **Mandy Moore** was also closer to God this Easter after trudging through seven different ecosystems to summit a snowy Mount Kilimanjaro in Tanzania during her eight-day trek. Posting a selfie with friends on Africa's highest peak, she offered wise words to those who plan to follow in her (sponsored) footprints; "Kilimanjaro demands a lot from those who traverse her trails," she posted. "You have no choice but to show up. And we did."

Also feeling the rain in Africa was "Will & Grace's" **Debra Mess-**

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ing, who traveled with her son to Kenya and Tanzania. They visited Sweet Malkia, the baby elephant she sponsors through the David Sheldrick Wildlife Trust. Along with posting animal antics, Messing also provided the internet with the obligatory celebrity naked-bathtub-with-a-view selfie.

Keeping it in the family is certified saint **Jennifer Garner.** She flew with her kids to Hawaii to spend Easter with her back-tatted ex, bird enthusiast Ben Affleck, who is in Oahu shooting "Triple Frontier" for Netflix. Sadly, Garner returned home from vacation to mourn the loss of her own feathered friend, pet chicken Regina George.

However, the chic hotspot of celebrity choice this season is Tahiti, with private jets full of celebs hitting French Polynesia. **Portia di Rossi** shared snaps of wife **Ellen DeGeneres** on a working vacay, as well as a video of Ellen floating with tropical fish that contained the obligatory "Finding Dory" reference.

Tahiti has long been one of Ellen's favorite getaways, with **Margot Robbie** recounting on the "Ellen" show how she, her husband and his short-shorts met the TV host (and **Barack Obama**) in a Tahitian resort gym.

Jennifer Aniston and fellow "Friends" alum-chum **Courtney Cox** are also rumored to have joined **Jimmy Kimmel** at Marlon Brando's private Tahitian island hotel, The Brando, to celebrate Kimmel's wife's 40th birthday.

Of course, friends that sun together stay together. **Chris Hemsworth** has once again showed off Australian surfing Mecca Byron Bay to his Hollywood pals.

Matt Damon and family joined the "Thor" actor and his famous wife, **Elsa Pataky** in town, amid rumors of Damon potentially purchasing a house in the beachside getaway.

When he wasn't at the beach being papped, Hemsworth focused on the local festival season, sporting an epic porn stache and declaring local music festival Bluesfest "Best festival goin' round!" in a group selfie with mates at the annual Easter event.

Grace on tour, sans Will.

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ALL PHOTOS PROVIDED

Community Spotlight: Fred's Footsteps

Providing financial support to families with sick children.

JENNIFER LOGUE
jennifer.logue@metro.us

When a child has a serious illness, the only thing a family should be focused on is supporting them on the road to recovery. But for many, the cost of medical care becomes an additional burden. This is where Fred's Footsteps comes in.

"We provide a bridge of financial support for working families in the greater Philadelphia region who find themselves in crisis due to the costs associated with caring for a seriously ill, injured or disabled child," says Christine DiBona Lobley, executive director of Fred's Footsteps. "For some families, we provide mortgage, utility or grocery assistance while they're on leave or out from work. For others, we help with a home modification or piece of equipment that they simply can't afford but need desperately."

Christine DiBona Lobley

The organization was founded in 2005 after Lobley's father, G. Fred DiBona Jr., passed away from kidney cancer.

"We knew he would be remembered in Philadelphia as a civic and business leader, but what comforted us most after his death were the stories about his compassion and generosity. When someone was struggling, the first thing he wanted to do was find a way to help," she says. "The most important thing we remember about him was the thing we knew we could keep alive: his passion for helping those in need at a critical point in their life."

While many people think of Fred's Footsteps as a children's charity, Lobley says its mission is more about supporting parents.

"They've worked hard their entire lives to support their families, but then become faced with insurmountable challenges due to a child's illness or traumatic injury," she says. "Fred's Footsteps allows families to maintain their finances with dignity and pride. With some of the financial burden alleviated, they can focus on their child's illness and remain superheroes in the eyes of their children."

So it can donate most of its money to families in need, Fred's Footsteps operates with a lean core staff and relies heavily on support from volunteers.

"We have opportunities for volunteers to help with tasks in our Ardmore office, or to help plan and execute one of our many fundraising events throughout the year," Lobley says. "We also have several one-off opportunities that pop up throughout the year, like helping us get out our massive annual appeal or helping with community events or social media campaigns to spread the word about Fred's Footsteps."

If you're interested in volunteering, you can e-mail **info@fredsfootsteps.org**. While there are always opportunities to help, Lobley notes that volunteers are especially needed on the weekends.

"The weekend work is often when we need the most help, and it's hardest to find folks who are available, given busy schedules," she says.

For more information on Fred's Footsteps, visit: fredsfootsteps.org

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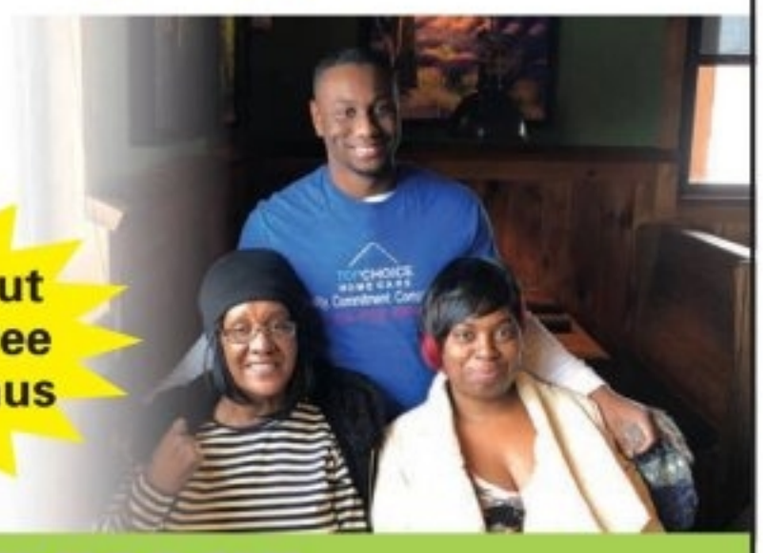

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LUCY E. COUSINS
letters@metro.us

Chef Dan Churchill

If you can't face another lettuce leaf or kale chip, but still want to eat healthily, then we have three recipes you'll love. We asked healthy chef Dan Churchill to share his three favorite comfort food recipes that're actually good for you.

SATAY BEEF SHORT RIB

This is a low-carb dinner option that's full of protein and immune-boosting coconut milk. The good fats in the coconut milk and peanuts also work to promote fat loss — yay!

Ingredients
1 tbsp grapeseed oil
2 short rib pieces (bone-on or -off)
30 oz beef stock

Satay Sauce
1½ tbsp peanut butter
½ cup coconut cream
Tamari/soy sauce
2 tsp cumin
1 tbsp turmeric
1 tbsp banana
Juice of half a lemon
Greens of your choice

Method
1. In a large pot on medium-high heat, toss in your oil and sear the short ribs on each side for 3-4 minutes or until caramelized, then remove to a plate.
2. Deglaze the pot with ½ cup of the beef stock, scraping the bottom to get out all that meaty flavor (take advantage of all that goodness).
3. Add remaining stock to the pan, along with the short ribs, and turn heat to high. Bring to a boil. Then turn the heat to low, cover with a lid and cook for 6-8 hours. Set aside, or put in fridge for future use.

4. For the sauce, combine ingredients until smooth then add to a frypan on low heat to reduce to a thick sauce
5. Add in the greens of your choice and to serve! Place your short ribs in a bowl before pouring the sauce. Put the greens on top.

SUPER EASY LEAN TURKEY CHILI

The spices in this recipe work on the immune system, especially the turmeric. Plus, it tastes amazing.

Ingredients
3 tbsp EVOO
1 onion, finely chopped
1 carrot, finely chopped
1 stalk celery, finely chopped
3 garlic cloves, finely chopped
1 lb turkey, ground
1 tsp dried chili peppers
1 tbsp cumin, ground
1 tbsp coriander, ground
1 tbsp paprika
2 tsp oregano
Pinch of S&P
2 cups chicken stock
1 can black beans
1 can whole tomatoes
⅓ cup apple cider vinegar
1 cup brown long grain rice
2 tsp turmeric, ground
Bunch of cilantro

Method
1. Add oil to stock in a large pot on medium heat and caramelize your onion, carrot, celery and garlic for 7-9 minutes.
2. Stir in your ground turkey.
3. Add all your spices — except the turmeric. Pour in your black beans, tomatoes, stock and vinegar.
4. Cover and bring to a boil before turning heat to low and leaving to simmer for 30-40 min.
5. In a medium pot combine your rice with 2½ cups of water and the turmeric. Cover, bring to a boil and allow to simmer for 15 minutes or until rice is fluffy.
6. Chop up 3 stalks of the cilantro, including both roots and leaves, and stirring into your pot. Season with more salt and pepper and vinegar if need be.
7. Serve chili on turmeric rice with a dollop of yogurt.

VANILLA CHAI TAHINI OATMEAL

The spices alone in this recipe offer a load of antioxidants to fight off free radicals and boost your immune system.

Ingredients
½ cup oats
1 tsp coconut oil (optional)
½ tsp cloves, ground
1 tsp cinnamon, ground
½ tsp cardamom, ground
Pinch of salt
2 tsp tahini
2 tsp honey
½ tsp vanilla extract
1 tsp chia seeds
½ cup almond milk
1 tbsp low-sugar raspberry jam
Sprinkle of spiced pecans

Method
1. Combine oats with ½ a cup of water in a pot on medium heat, cover and bring to a boil before stirring until all water is absorbed.
2. Fold in your coconut oil cloves, cinnamon, cardamom, salt and chia seeds along with almond milk. Drizzle in half. your tahini, honey and vanilla
3. Pour into a bowl and top with the remaining honey, tahini, jam and crunchy pecans.

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There's a Titanic escape room in town

And it's come all the way from Hollywood.

JENNIFER LOGUE
jennifer.logue@metro.us

A Titanic-themed escape room seems like it would be the ultimate "escape room" experience: sinking ship, throwback vibes and of course, the excitement of making it out alive, unlike the 1,503 unfortunate souls who perished.

As popular as Titanic is in popular culture, it's surprising that we haven't seen something like this before, but with the new wave of escape room "tourism," now Philadelphia is home to such an experience.

60out Escape Rooms is headquartered in Hollywood, with multiple locations on the West Coast, but they chose Philadelphia as their first East Coast outpost. Many celebrities have given their escape rooms a whirl, including Matt Damon and Philly's very own Kevin Hart.

Located downstairs at Clubhouse Philadelphia (111 S. 17th St.), this spot really goes above and beyond when it comes to providing an authentic experience, with an impressively designed set as well as a backing track of waves and frenzied announcements.

The puzzles you need to solve in order to survive are also super tricky! A friend and I went to try it out, but it's recommended that you go in parties of four for the extra brainpower. If you do get stuck on something, you're able to ask your ship's captain for the evening for a clue. He or she will be watching you remotely from a camera as you attempt to make your escape from the sinking ship.

In the end, we made it out of the room with 40 seconds to spare — by the skin of our teeth. It was a great bonding experience for old friends like us, but could even work as a sink-or-swim first date. If you can escape the room together and have fun doing it, maybe a second date should be in the cards.

The Titanic escape room is open from 11:30 a.m. to 10:30 p.m. from Sunday through Thursday and 11: 30 a.m. to 12 a.m. on Friday and Saturday.

For more information and pricing, visit: 60out.com

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RACHAEL VAUGHAN CLEMMONS
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After a day filled with depression, decompression and hard bingeing a series I kind of can't believe exists, I've come to an inevitable conclusion: Netflix's "Santa Clarita Diet" is low-key brilliant.

The show imagines Drew Barrymore as undead SoCal real estate agent Sheila, with hapless husband Joel (Timothy Olyphant, charming as always and clearly having the best time) and firebrand daughter Abby (Liv Hewson) in tow. And it very much has a little bit of everything: fantastical Serbian lore! A zombie head played by Nathan Fillion! Awkward teenage romance! And Nazis who get their comeuppance! Not to be hyperbolic, but seasons one and two were probably the most blissful 10 hours I've experienced in 2018 so far.

That's because as gory and insane as "Santa Clarita Diet" is, it's relatively harmless. Sure, Sheila has to eat people to survive, or pieces of her body start rotting off. And yeah, there're a lot of scenes of her trying to reattach body parts, or violently detaching pieces of her victim's bodies in a bloodthirsty rage, no big. But you already know nothing bad is actually going to happen to the lovable protagonists.

The Hammonds are the most delightful, accidentally murderous family in all of Santa Clarita. NETFLIX

For what it's worth, Sheila and Joel are in a very precarious predicament. You try dealing with an infection that makes you a sentient, horny zombie with boundless energy and a hankering for brains. Actually, more than brains — Sheila spends a lot of time waxing poetic about what body parts she considers delicacies.

Despite its heightened reality, "Santa Clarita Diet" is buoyed by a sense of relatability. Sheila is reinvigorated by her zombie-hood, and gains a new lust for life. Joel learns very quickly that murder is not for the faint of heart. And Abby, well. Abby is just going around being an annoying teen so, whatever.

It also benefits by being light enough that you don't have to pay attention to every second of the series to know what's going on. You can pretty much infer that the Hammonds are bad at killing, but are good at killing only bad dudes. Yes, Sheila's victims are always men. And considering her first inclination to kill is spurred by a creepy, predatory man who can't take no for an answer, one could almost argue that Sheila is the best bet to lead the fight against the patriarchy, one bite of testes at a time. Did I mention the show is very graphic?

Get yourself on a couch and watch every single ep. It's fine and funny and waiting for you on Netflix.

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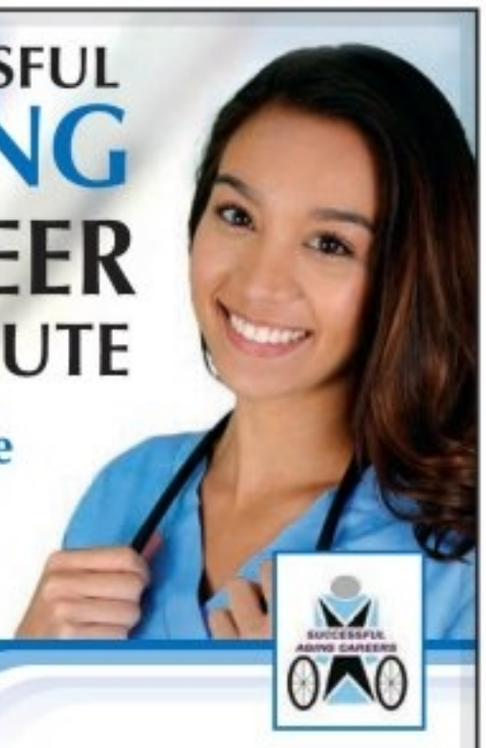

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HOME

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5 Impossible-to-kill houseplants

It's (almost) case of buy and forget with these green leafy wonders.

LUCY E. COUSINS
letters@metro.us

Keeping an indoor plant alive (for more than a month) is one of the key metrics of being an adult. You can tell the people who have the fabled 'green thumb' as there's a certain smugness about them as they tell you how to trim your Boston Fern or water your Devil's Ivy.

Luckily, there's a way to cheat the system. The key is choosing a plant to that is so hardy that you almost can't kill it.

Finding the perfect impossible-to-kill plant is a little bit like choosing a pet – you'll need to make sure it suits your lifestyle. Not home much? Choose a species that doesn't need much water. Night owl? A low-light-loving plant is for you.

Here are five indoors varieties that actually thrive on neglect. Just don't forget the golden rule; very few indoor plants love too much water or too much sun.

Mother-in-Law's tongue (Sanseviera trifciata)

Best for: Bold decorators

Also known as Snake Plant, this architectural wonder gives an edge to any room. It's incredibly easy to look after because it doesn't need much light or water (the dream plant!). In fact, it can go without water for over a month, especially in winter. It's best paired with a bold pot and good quality potting mixture.

Fiddle-Leaf Fig (Ficus lyrata)

Best for: Style lovers

This green dream has graced the pages of every interiors magazine in the country — and for good reason. Its cheery disposition can brighten any room, it has large lusciously green leaves and is low maintenance. All your Fiddle-leaf fig needs is lots of light, and to be allowed to dry out between watering.

Peace Lily (Mauna Loa)

Best for: No-pet households

This low-light specialist is perfect for dark kitchens and bathrooms that need a lift. It's a popular household plant as it filters toxins so well that it's on NASA's approved list of air quality improving species. The leaves and flowers are toxic to cats and dogs though, so best kept away from pets.

ZZ Plant (Zamioculcas zamiifolia)

Best for: Frequent flyers and brown thumbs

The best word to describe this plant is "indestructible." It can survive ultralow light, drought (aka you forget to water it) and low humidity. If you're not home much, or if you travel a lot for work, this guy's for you. ZZ plants can grow to around a foot tall but can be kept shorter in a smaller pot.

African Violets (Saintpaulias)

Best for: Budding gardeners

One of the most popular indoor plants, African Violets have soft, furry leaves and sweet flowers that bloom several times a year. They do require a little work, so are best adopted by those who want to ease their way into gardening. They need good drainage, indirect light, and a regular dose of African violet fertilizer every few weeks. Just don't water directly onto the leaves as they'll go brown.

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Stop wasting money on bills this spring

Simple changes that will leave you will more money in your wallet.

LUCY E. COUSINS
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There's nothing quite like the empty feeling you get from handing over hard-earned cash for a basic human necessity, like electricity. And while some are unavoidable, like taxes and transportation, most can be reduced with a few simple changes.

Know your expenses
Writing down an expense list, though time-consuming, is one of the best ways to understand your household cash flow. Check out credit card statements, insurance payments, day-to-day costs and monthly expenses. Make a list of all large payments and any payments that you feel are avoidable so you can quickly identify any costs you can eliminate straight away.

Switch up your lighting
An easy and quick way to reduce your electricity bill is to swap all your light bulbs over to LEDs. They will significantly reduce your electricity bill, especially if you've been using outdoor spotlights and other high-energy consuming bulbs. Plus, they last a long time; you won't have to change them for years.

Get on the automation train
Sure, there's Google Home and its competitors, but the real way to save money is by using an automation system like Nest (nest.com). Not only can you regulate your thermostat remotely, you can turn your lights on and off from an app.

Shop around
There's always a deal to be had when shopping around your bills. Look at your insurance, mortgage and cellphone providers first – has your situation changed, do you need to refinance your home? Is there a bundle deal with your internet and cable, or could you share an internet account with a neighbor to reduce costs?

90%
OF THE ENERGY USED BY YOUR WASHING MACHINE IS USED TO HEAT THE WATER

Wash clothes in cold water
And oldie but a goodie. Did you know that 90% of the energy used by your washing machine is used to heat the water? Dramatically reduce that energy spend by washing in cold water and air-drying your clothes when you can.

Unplug energy suckers
According to the Department of Energy, the biggest energy suckers are your phone charger, computer, laptop and coffee machine. By unplugging them when not in use, they estimate you'll save around $100 a year. Which will buy a lot of cold-press coffee.

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SPORTS

Eagles could find pick trade partner with Chiefs

The Eagles are in need of cheap labor. And perhaps a little new blood. The defending Super Bowl champs have just six draft picks, with five of them coming on the third day of the draft between rounds four and seven.

Led by the NFL's executive of the year — as voted on by NFL front offices — de facto GM Howie Roseman is likely to do whatever he can to get the Eagles more ammunition in the NFL draft at the end of the month. And this could require him to trade away the team's first round pick, No. 32 overall.

"If there are options to not sit out Night 2, it would be better than the big calendar in our office... that says, 'golf outing, Friday.'" Roseman said a few weeks back."We're definitely going to try to be active and get more picks. But it's not like we can just demand it."

The Kansas City Chiefs seem like a perfect trade partner for the Eagles as they attempt to potentially move into Day 2 in the draft. They do not have a first round pick, but have a second, two thirds and two second rounders next year. If they are hanging around and waiting for a player to fall to them in Round 2, they might be better off getting an impact player at 32 overall and making a deal with Roseman.

"Who knows maybe we'll get back in the first round before it's all said and done," Chiefs general manager Brett Veach said.

Will being labeled a 'blue blood'

Will the emergence as a national basketball powerhouse change the student body at Villanova?

EVAN MACY
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The Wildcats should be a Final Four contender next season too. ALL PHOTOS GETTY IMAGES

When Villanova's current crop of around 6,500 underclassmen decided to go to the school, they knew the basketball program was good. Up until three years ago, the team had churned out a few big NBA stars (like Kyle Lowry and Dante Cunningham), had become a perennial NCAA tournament team in the Big East and, of course, had won the historic 1985 title. But most students chose the school for its picturesque campus and stellar academic offerings.

The next wave of Villanova students may be drawn to the school for a different reason.

"Before, I went to a school that had no school spirit before this so this is the most incredible thing ever to come to a school like this with so much pride." Hayes Marcus, a junior from Fairfield, Conn said minutes after Nova's 79-62 win over Michigan Monday. "I was a freshman when we won. This is just the second best night of my life. I had never expected anything freshman year, this is so incredible I cant explain it."

"We thought we were going to win this one but what are you going to say," Danny Jenkins, a Villanova student from New Jersey also said in mid celebration. "It's unbelievable. We thought it was possible, who knew you'd get two out of four years?"

Kathy Byrnes works for the Student Life Department at the school and is a member of the Class of '82. Having watched the university transform over recent years has been special and unexpected for her — a proud Radnor resident. It's been a very exciting change.

"When we won in

Jay's right at the top after second NCAA title

It wasn't that long ago Jay Wright's days at Villanova seemed to be numbered.

The man who could dress with the best of them and had posted seven 20-win seasons along the Main Line, including a 2009 Final Four appearance, had lost his touch — Wildcat boosters were thinking. The Cats had dipped from 30-8 that 2009 season, to 21-12, to an unimaginable 13-19 in 20012. Perhaps it was time for a change.

Back then probably not even Wright himself could've imagined six years later he'd be at the top of his profession, mentioned in the same breath as Mike Krzyzewski, Roy Williams, Tom Izzo and John Calipari. Not even the guy whose philosophy was to slowly bring his players along rather than go for the quick fix with one-and-dones could've foreseen Villanova joining the game's elite.

But with two NCAA

Jay Wright has become one of the best active coaches in college basketball.

championships in the last three years, following their 79-62 romp over Michigan in the title game Monday, there's no doubt Nova and Wright have reached the pantheon. With super sixth man Donte DiVincenzo erupting for 31 points, the Wildcats dispatched the Wolverines in the same kind of routine fashion as they did the vast majority of their other 35 victims.

The fact DiVincenzo came off the bench to lead the way, just as Phil Booth did in their 2016 thriller over North Carolina punctuated by Kris Jenkins' 3-point championship winning buzzer beater, is further testament that the man in charge knows how to the push the right buttons. Which is just one reason why this weekend he'll receive the John Wooden Legends of Coaching Award in Los Angeles in recognition of his accomplishments. It's an award that has nothing to do with what took place this weekend in San Antonio or based on Villanova's impressive run through the field, winning by an average 17.7 points.

In fact, the 56-year-old Wright has been saving the date since Oct. 10 when it was first announced, though it's remained on the back burner until now. According to the steering committee which created the award in 1999, the annual recipient goes beyond the won-lost record.

"The award recognizes the lifetime achievement of coaches who exemplify Coach Wooden's high standards of coaching success and personal achievement," it says on their website. "Honorees are selected based on character, success on the court, graduation rate of student-athletes in their basketball program, coaching philosophy and identifications with the goals of the late John R. Wooden."

As much as Wright's always prided himself on having his team prepared to play "Villanova basketball," a catch-phrase all his players use, he's made it a point to do it "the right way." You'll never see the Wildcats trash talking an opponent or acting out inappropriately. Like their coach, their outward demeanor remains businesslike from the start, almost belying his — and their — level of excellence. To hear Wright tell it, though, he's merely the architect. They're the ones doing the heavy lifting.

And not only on the

basketball school change Villanova?

"It's not just great for Villanova it's great for the city of Philadelphia. To have a second championship in such a short span its indescribable. I really think it boosts the entire area."

Ryan Disdier, Villanova student

2016, I thought we'd never win again in my lifetime because it had been 31 years" she said, standing just outside an impromptu celebration flooding Lancaster Avenue after the title game, "and here we are two years later. It's a different feel from 2016 because so many students thought we were going to win this time, they don't appreciate how special this really is."

Every single member of the roster that cut down the nets in San Antonio has remaining eligibility and could return next year. And even though Naismith Player of the Year Jalen Brunson and star wingman Mikal Bridges — both juniors — are expected to declare for the draft, the Wildcats will return a potential juggernaut again next year, led by Omari Spellman and title game hero Donte DiVincenzo. They have a five-star recruit point guard heading to town for 2018-19, and also have Jay Wright. The championships could continue piling up.

Which makes Villanova a special place. Unlike its competitors in Kentucky or North Carolina, nearly all of Nova's players regularly return for at least two or three seasons and stick around to graduate. Wright does not recruit "one-and-done" players. And he doesn't need to. His Wildcats play with a sense of community and respect and are coachable. And they have the power to transform the college basketball landscape. At least that's what Wildcat diehard Byrnes says.

"It makes me proud that Jalen Brunson is graduating, Mikal Bridges is graduating," Byrnes said. "These kids not only are amazing athletes but they also are getting a college education. As a grown up and adult, that warms my heart and makes me feel good. It's good for college basketball and it's a message that you can do both, you can be a great athlete and a great student and I think that's what college ball is supposed to be all about."

And Jay Wright, to see him grow over the 17 years he's been at Villanova, he really mentors these young men into being terrific performers on and off the court."

The future is bright and so is the past — making Villanova arguable a full-fledged member of the "Blue Blood" basketball club. But that doesn't mean they'll be resembling a gigantic program like Michigan or Kansas anytime soon.

"On Saturday night I was watching the Loyola-Michigan game, and they showed the game watch at Michigan's football stadium and their screen was bigger than most of our buildings are," Byrnes said with a smile. "When I saw our [much smaller] screens out on the elipse tonight I thought: 'that's Villanova.'"

in three seasons

court.

"We recruit guys that just want to be in college," said Wright, who could lose as many as three players with eligibility remaining to the NBA now that DiVincenzo may follow Jalen Brunson and Mikal Bridges out the door. "We want them to enjoy the college experience. You've got to care about what kind of student you are, what kind of person you are. And I think our guys understand that. "We take great pride in their development as men, as students. So we really spend probably more time in that area than we do on basketball because the basketball part is easy."

The Wildcats have certainly made it look that way, going an outrageous 165-21 with two national championships in the last five years. They haven't lost back-to-back games since falling to Louisville in the Big East title game, followed by North Carolina in their NCAA Tournament opener to close out their 20-14 season in 2013. And suddenly the coach who once feared for his job security in his early years at Hofstra, then may have had some sleepless nights back in 2012, is in great demand. While he says he's got the best job in America the lure of coaching an NBA team might prove irresistible now — or maybe not.

Once thing's for sure though, Wright, with 544 career wins on his resume including a school record 422 at Nova, ultimately will make one other stop down the road: Springfield, Massachusetts, home of the Basketball Hall of Fame.

On that day the man who used to just be known for his fancy suits will take his place dressing with basketball royalty, who'll welcome him with one thought in mind. It's perfectly Wright." JON MARKS

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Is 'generational talent' Barkley overrated by NFL draft analysts, scouts?

How important, really, is having a star running back for NFL success?

MATT BURKE
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Even if Penn State's Saquan barkley is the most talented draft prospect, is he the most valuable? GETTY IMAGES

Toss the name Saquon Barkley in any search engine this week and you'll start reading that the Penn State product is a "generational talent," "a can't-miss prospect," and "by far the most talented player in the 2018 NFL Draft." But – heads up Browns, Jets, Giants and Broncos fans — could it be that Barkley is a tad, or even flat-out overrated?

Why, of course.

Despite all of today's advanced scouting and analytics, there still remains a great deal of risk when it comes to drafting any football player. Barkley could just as well be the next Trent Richardson (sorry Browns fans, but he is the standard for any RB bust article) as he could wind up being the next Ezekiel Elliott.

This time of year, there is always "the next big thing," but it doesn't always turn out that way. Richardson, picked third overall, was a certifiable bust. These other first-round draft picks had their moments in the NFL, but they never came close to the expectations they had in April of the respective years in which they were drafted: Ronnie Brown (2nd overall pick), Cadillac Williams (5th overall pick), Beanie Wells (31st overall pick) and Reggie Bush (2nd overall pick).

We took a look at the college stats from all of these players and compared them to the numbers Barkley put up with the Nittany Lions. Here are the numbers from each player's top collegiate season:

Trent Richardson, Alabama: 283 carries, 1,679 yards, 21 TDs, 29 receptions, 338 receiving yards, 3 receiving TDs

Ronnie Brown, Auburn: 175 carries, 1,008 yards, 13 TDs, 9 receptions, 166 receiving yards, 1 receiving TDs

Cadillac Williams, Auburn: 239 carries, 1,165 yards, 12 TDs, 21 receptions, 152 receiving yards, 1 receiving TDs

Beanie Wells, Ohio State: 274 carries, 1,609 yards, 15 TDs, 5 receptions, 21 receiving yards, 0 receiving TDs

Reggie Bush, USC: 200 carries, 1,740 yards, 37 receptions, 16 TDs, 478 receiving yards, 2 receiving TDs

And here are the numbers from Barkley last season, his top overall season.

Saquon Barkley, Penn State: 217 carries, 1,271 yards, 18 TDs, 632 receiving yards, 3 receiving TDs

Barkley's receiving yards numbers eclipse even those of Bush, who was thought of at the time as the greatest dual threat in college football history. That said, Bush had nearly 500 more rushing yards in his top season at USC. Richardson and Wells both also had substantially more success in the running game in college.

RBs in general are overrated

Adding to the doubt on Barkley is his long-term projection as a potentially elite NFL player. The website, SoCalledFantasyExperts.com ran a piece last year regarding the aging curve for NFL running backs. Here is what they had to say: "Running backs that come into the NFL at 22 are closer to their peak than any other position, and like tight ends make large leaps in improvement until they reach their peak – 24 and 25 (while 24 is the peak age for running backs, their age 25 season is nearly the same as far as performance).

"For a total of four seasons, the peak range of performance for running backs proves to be from a player's age 24 season to their age 27 season. Once they turn 28, running backs see their performance start to suffer."

For teams like the Browns this is very problematic considering that by the time the team is ready for playoff contention, Barkley's peak years may be behind him. For teams like the Giants, Jets and Broncos – teams that likely believe they could pull a Philadelphia Eagles this coming season – the recent history when it comes to having an elite back and winning a title is not very long. Here is the list of the past five Super Bowl champions with their top back from each season: ***2018 Philadelphia Eagles:*** *LeGarrette Blount*, 2017 ***New England Patriots:*** *LeGarrette Blount*, 2016 ***Denver Broncos:*** *Ronnie Hillman*, 2015 ***New England Patriots:*** *Jonas Gray*, 2014 ***Seattle Seahawks:*** *Marshawn Lynch*

In other words, investing big money or a top draft pick in a running back is not even close to being a top priority when it comes to winning it all.

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22 Gore and Capone
23 -- alai
24 Vulcan had one
27 Succeed
30 Region
31 NASA thumbs-up (hyph.)
32 Sidekick
34 TD passers
35 Untruth
36 Red-tag event
37 Not tippy
40 Lively couple dance
41 -- cool!
42 Yahoo! rival
43 Get mellower
46 Paris street
47 Fossey friend
50 Caviar
51 Sparkled
54 Delt neighbor
55 Car-loving Jay
56 Eager
57 WNW opposite
58 Cartoon shrieks
59 Shape up

DOWN

1 Sugar amts.
2 Basin companion
3 Zhivago's love
4 Flour sack abbr.
5 Mr. Cagney
6 Bear hug need
7 College maj.
8 Flip-flop
9 Switch positions
10 Lasted well
11 Hoople exclamation
16 Run in neutral
21 Fossil fuel
22 Ottoman title
23 Knock-knock, e.g.
24 Online info
25 Planets and moons
26 Take five
27 Pate de -- gras
28 Fire --
29 Hike
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33 Actress -- Thompson
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39 Type of bracelet
40 Keats or Yeats
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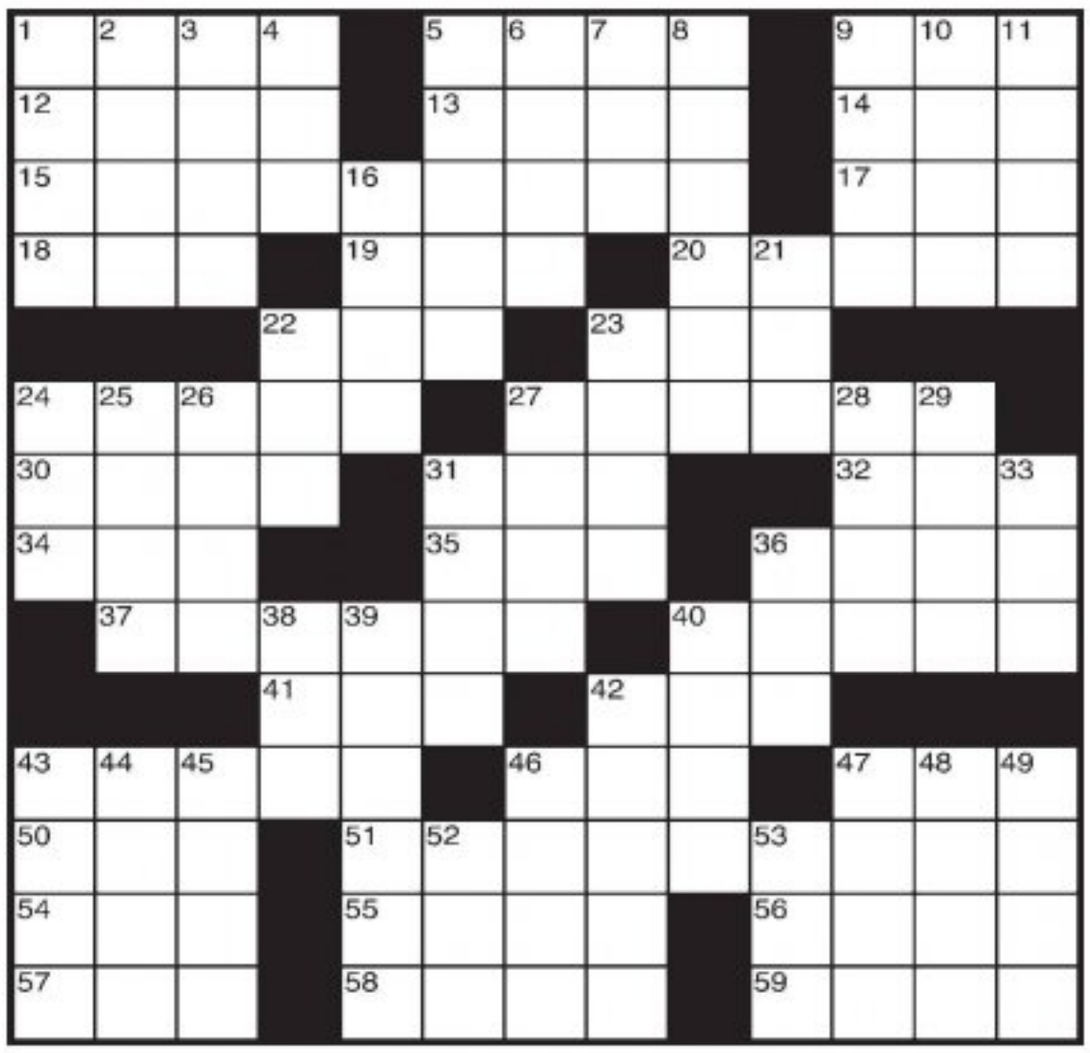
49 Sidle past
52 "Crooklyn" director
53 Hit the cafeteria



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easy

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	3	9	1		7			
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hard

7		3					6	
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8	7	1				2		
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		7	8		1		2	5
	2					7		1

metro.us/horoscopes

Aries Get involved in events or projects that you feel drawn to. Share your feelings with someone you are close to or who has the clout to help you get ahead.

Taurus Go about your business. Don't make a fuss or get into a discussion regarding domestic issues. Keep life simple, and move forward with confidence.

Gemini Discuss any personal plans before you put them into play. An emotional shift with someone you love will give you reason to pitch in and help more.

Cancer You will be called upon to help a friend or relative, but before you sign up for duty, make it clear what you are and are not willing to do for them.

Leo You'll be eager to gain experience and apply whatever you learn to your current situation. Refuse to let someone who tends to overreact or has bad habits influence you.

Virgo Do some research before you engage in something that will take you into unfamiliar territory. It will pay off and encourage you to look for alternative ways to get what you want.

Libra The help you offer will determine if someone takes advantage of you. Instill standards that you can live with and don't let anyone adjust the boundaries you set.

Scorpio Keep your thoughts to yourself and don't make a fuss. Give any situation you face a chance to unfold. Knowing the facts before you make a move will change your response.

Sagittarius Taking a short jaunt to visit someone you haven't seen in a long time or to attend at retreat that is geared toward self-improvement will result in personal gains.

Capricorn Don't get angry when you should be expressing your thoughts and feelings with diplomacy. Have a backup plan in case someone you are dealing with lets you down.

Aquarius You'll know what to do and what not to do. An opportunity will help you take positive steps forward. A partnership will help sell what you have to offer.

Pisces It'll be difficult to decide what's best for you. An unusual opportunity should be looked into and considered. A possible personal gain will challenge and excite you. EUGENIA LAST

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■	C	O	S	T	■	■	■	U	P	P	E	D	■	■
E	A	G	L	E	S	■	O	R	A	L	L	Y	■	■
L	A	R	E	D	O	■	I	N	C	O	M	E	■	■
K	N	E	E	■	J	O	N	■	D	O	S	■	■	■
■	■	■	K	N	O	C	K	E	R	■	■	■	■	■
F	D	A	■	O	U	T	■	T	U	B	A	■	■	■
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